STOP CYBERBULLYING

IF YOU EXPERIENCE OR WITNESS CYBERBULLYING:

**TAKE STOCK**
- Don't respond right away.
- Record (take a picture or screen shot of the evidence).

**BLOCK**
- Unfriend, unfollow, or leave the site.

**TALK**
- Talk to all parties involved IRL (in real life).
- Talk to a trusted adult.

IT’S EASY TO BE AN UPSTANDER TO BULLYING TOO!

1. Give comfort to the target.
2. Tell the bully to stop.
3. Tell a trusted adult or report to site where bullying happened.

YOU CAN PUT AN END TO BULLYING!

Visit www.cybercivics.com or www.cyberwise.org
email us at support@cybercivics.com